Diaper changing is the perfect time for connecting and learning.

**DIAPER TIME IS LEARNING TIME**

**FIVE THINGS TO DO THAT MAKE DIAPER CHANGING FUN!**

**TALK:**
Say what you are doing. “I am lifting your feet up, up, up.”

**SING:**
Sing a simple song or make one up.

**PLAY:**
Hide the diaper or use it to play peek-a-boo.

**COUNT:**
Count toes, fingers, hands, and feet.

**NAME:**
Call out body parts and objects (i.e. diapers, wipes, etc.).

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TALKING IS TEACHING.ORG

SING